PerioChip®
2.5 mg dental insert [chlorhexidine digluconate]

Make your RSD more effective

Would you like to introduce PerioChip® into your practice?
Call 0800 013 2333, visit www.periochip.com or email team@periochip.co.uk to arrange a free Educational Visit.

For medical staff only
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call: 0800 013 2333 | visit: www.periochip.com | email: team@periochip.co.uk
The importance of offering choice to your patients is significantly increasing.

In its 2016 “The Good Practitioner’s Guide to Periodontology”, The British Society of Periodontology advises that:
‘options for care and their benefits, costs and risks should be discussed (with patients) and documented.’


In its 2012 report, the BDA identified that:
a quarter of patients felt that they have not been involved in decisions about their treatment.

Periodontal disease in the UK

% of patients with at least one periodontal pocket

- Periodontal Disease is on the rise
- Pocket Depth ≥ 4 mm = 45%
- 50/50 localised vs. generalised

Reason for tooth loss

- 73% of tooth loss in the UK is due to Periodontal Disease

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3. PerioChip® is indicated for use on pockets with a minimum depth of 5mm (PerioChip SmPC).
What is PerioChip®?

PerioChip® is an innovative, easy to insert biodegradable chip containing 2.5 mg of chlorhexidine digluconate (CHX), making it an effective non-antibiotic adjunct treatment to be used alongside RSD* in the treatment of adult periodontitis.

PerioChip® makes RSD more effective by killing 99% of periopathogenic bacteria in the pocket, suppressing bacterial growth for up to 11 weeks, therefore promoting clinical reattachment. It can also be used as a part of a periodontal maintenance program, which includes good oral hygiene and RSD.

- Localised and sustained release of chlorhexidine digluconate
- Suppresses growth of bacteria in subgingival plaque
- Minimal patient compliance needed
- Easy insertion
- Biodegrades after placement
- Locally active within the crevicular fluid
- Non-antibiotic
- Well established positive safety profile

* RSD - Root Surface Debridement

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**PerioChip®**

**Clinical benefits**

- Reduces tooth loss
- Kills 99% of periopathogenic bacteria\(^4\)
- Suppresses bacterial flora for up to 11 weeks
- No bacterial resistance
- Makes RSD more effective
- Reduces risk associated with PD

**Non-clinical benefits**

- Offers patient choice
- Increases in-house referrals
- Upskills clinicians
- Increases private revenue
- Increases patient retention
- Reduces risk (health & legal)

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**Adjunct** | **PerioChip®** | **Antibiotic** | **Gel**
---|---|---|---
**Frequency of application** | Every 3 months | Every 10 days for 6 weeks | Every 3 months
**Active ingredient** | CHX | Tetracycline based | CHX
**Suppresses bacterial flora for** | 11 weeks | 1 day | 15 days
**Localised** | ✓ | ✓ | ✓
**Sustained** | ✓ | ✗ | ✗
**No risk of bacterial resistance** | ✓ | ✗ | ✓
Antimicrobial resistance

“Antimicrobial resistance threatens the very core of modern medicine and the sustainability of an effective, global public health response to the enduring threat from infectious diseases. It is a crisis that must be managed with the utmost urgency. As the world enters the ambitious new era of sustainable development, we cannot allow hard-won gains for health to be eroded by the failure of our mainstay medicines.”


“There are few public health issues of greater importance than antimicrobial resistance (AMR) in terms of impact on society. This problem is not restricted to the UK. It concerns the entire world and requires action at local, national and global level.

Health professionals must work more closely with their patients, before deciding if an antibiotic is really needed and, in the event that it is, which one is most appropriate.”


PerioChip® effectively reduces a wide spectrum of microbes, including:
Porphyromonas gingivalis,
Prevotella intermedia,
Actinobacillus actinomycetemcomitans

PerioChip® has no risk of antimicrobial resistance due to its mode of action.
**How to apply?**

**01**
Remove the foil packet from the box and peel back the foil to reveal one PerioChip® (chlorhexidine digluconate 2.5mg) dental insert.

**02**
Using tweezers, grasp the PerioChip® at the flat end. Insert the PerioChip®, curved end first, into the periodontal pocket subgingivally.

**03**
Press the PerioChip® apically to the base of the pocket.

**04**
After insertion, the PerioChip® should rest subgingivally at the base of the pocket.

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**Easy application**

**How easy was the placement of PerioChip®?**

<table>
<thead>
<tr>
<th>Percentage (%)</th>
<th>Extremely easy</th>
<th>Very easy</th>
<th>Somewhat easy</th>
<th>Somewhat difficult</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.0</td>
<td>30.8</td>
<td>40.4</td>
<td>15.4</td>
<td>13.5</td>
</tr>
</tbody>
</table>

**Was the chip easier to place over time?**

<table>
<thead>
<tr>
<th>Percentage (%)</th>
<th>Definitely easier</th>
<th>Somewhat easier</th>
<th>Remained just as easy</th>
<th>Continued to be difficult</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.0</td>
<td>61.5</td>
<td>21.2</td>
<td>15.4</td>
<td>1.9</td>
</tr>
</tbody>
</table>

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Results

> The safety and efficacy of PerioChip® has been proven in a number of clinical studies. Soskolne et al. evaluated and compared the treatment outcomes for RSD* alone versus the combined use of RSD and PerioChip® by undertaking a randomised, blinded, multi-site study (Number of patients: 118, Baseline pocket depth: ≥ 7mm): 7

> After 6 Months: 56% of pockets were reduced to 6 mm or less. This includes 6% of pockets which were reduced to 4 mm or less.

> After 6 Months: 81% of pockets were reduced to 6 mm or less. This includes 29% of pockets which were reduced to 4 mm or less.

* RSD - Root Surface Debridement


PerioChip® is significantly more effective than RSD alone
Following assessment and diagnosis, the initial phase should be OHI followed by at least one round of RSD.

At the reassessment visit, you may discuss with your patient and decide to further treat or maintain any pockets which are greater than 5mm with PerioChip®.

- PerioChip® is a medium to long-term treatment plan
- PerioChip® can be used as an ongoing maintenance plan
- Set expectations with your patient
- Work together to achieve the best result
- Provide oral hygiene instructions at every visit
- Discuss other systemic factors which may affect results – such as smoking and other pre-disposing health factors

For more information about results please go to page 8 or see clinical studies referenced below and available at www.periochip.com/articles

*PD - Pocket Depth  **RSD - Clinical Preference

£2.8 million was paid out in dental claims and a further £2.8 million in legal fees*.

76% of all claims are either due to periodontitis or are periodontal-related*

Average claim £31,000*

Highest claim £170,000*

GDC may also investigate*

Claims are on the rise*


Reduce Risk

Failure to diagnose and treat Periodontal Disease is a common and rapidly increasing source of complaints, claims and regulatory challenges for the dental team. Record keeping should be designed to facilitate patient management and will assist Clinicians with becoming more compliant with regulatory and dento-legal standards.

As more medical conditions become associated with Periodontal Disease, the effects of the infection from the highly toxic bacteria lodged underneath the gums echo throughout our bodies and can cause or contribute significantly to other illnesses. Reduce your patients’ risks by diagnosing and treating Periodontal Disease effectively.
Charlotte Curran  RDT, RDH

“The reduction in pocket depth after just one application is fantastic, which is difficult to achieve with root surface debridement alone.”

“I would strongly recommend PerioChip to other practitioners because it really helps with stubborn pockets and has become a staple in my armoury against periodontal disease.”

Kathryn Carey  RDT, RDH

“Going back to the first time I ever used it, besides the fact that it works exactly as promised – in that it does indeed reduce pocket depth when used with scaling and root planing - there was a surprising side effect in my patients. And that was, having opted for PerioChip, they seemed to make even more effort between appointments to keep their dentition and gingiva clean.”
Case study

A 45 year old, non-smoking male presented with pus draining from his lower right premolar tooth. He also complained of food trapping between teeth.

After a full consultation, a diagnosis of generalised moderate to severe chronic periodontitis was made. It was also noted that the LR5 had severe bone loss with an intra-bony defect and the tooth was vital to Endofrost.

The patient underwent a course of initial therapy, which included oral hygiene instruction. The use of large interdental brushes and a circular oscillating electric tooth brush was recommended. Root surface debridement then commenced using local anaesthetic.

At the three month periodontal reassessment appointment all the periodontal pockets had healed apart from the LR5 distal pocket, which was 7 mm deep. Periodontal regeneration surgery was discussed but patient expressed a preference for non-surgical therapy.

After performing subgingival plaque removal of the site, a PerioChip® was placed into the pocket as an adjunct to suppress bacterial flora. As part of the post treatment instructions the patient was asked to avoid using larger interdental brushes for two weeks before carrying on with his improved routine.

Another periodontal review took place three months later, which showed significant improvement; the periodontal pocket reduced to 3 mm.

In another case, a 55 year old, non-smoking female was diagnosed with localised moderate to severe chronic periodontitis. After full consultation a periodontal pocket of 6 mm was observed to the upper lateral tooth.

The patient underwent a course of initial therapy, which included oral hygiene instructions, with techniques to improve her dental health routine. Treatment options were discussed and the patient opted for a non-surgical, more conservative solution.

RSD using local anaesthetic was carried out to stabilise the periodontal disease. After subgingival plaque removal from the site, a PerioChip® was then placed into the periodontal pocket.

At the first periodontal review three months later, the pocket had reduced to 3 mm.

Both patients have now been placed on a bespoke perio-maintenance programme. The patients are called for three-four monthly visits with the hygienist for subgingival plaque removal of any deep sites and placement of PerioChip® if necessary.

To implement an effective lifetime regime, oral hygiene education is reinforced at every visit so that patients remain motivated to clean thoroughly and to preserve not only their teeth but also their health and wellbeing.
PerioChip®

Abbreviated Prescribing Information

**PerioChip® 2.5 mg Dental Insert** [chlorhexidine digluconate]

For full prescribing information, including side effects, precautions and contraindications, see Summary of Product Characteristics (SmPC).

**Presentation:** Dental insert: bullet shaped orange brown containing chlorhexidine digluconate 2.5 mg.

**Indications:** PerioChip® is an adjunctive antimicrobial treatment for moderate to severe chronic periodontal disease in adults with pocketing, combined with Root Surface Debridement (RSD). Not indicated in children and adolescents.

**Dosage and Administration:** One PerioChip® is inserted into a periodontal pocket with a probing pocket depth of ≥ 5 mm. Retreatment with PerioChip® following mechanical plaque removal at 3 month intervals may provide additional benefit if pocket depth remains ≥ 5 mm. For details see SmPC. Removal is unnecessary as PerioChip® biodegrades.

**Contraindications:** Hypersensitivity to chlorhexidine digluconate or excipients.

**Precautions:** Allergic reactions have occurred but are rare.

**Interactions:** Avoid nystatin: antagonistic of chlorhexidine. Chlorhexidine is incompatible with anionic agents present in some toothpastes and with dietary sucrose, but there is no significant impact on the efficacy of PerioChip®

**Undesirable effects:** During the first few days after insertion, transient pain or discomfort of gums or teeth; redness and/or swelling of the gums.

**Overdose:** Not reported.

**Pregnancy/ Lactation:** Controlled studies in pregnant women have not been conducted, so weigh expected benefits against possible foetal risks: caution in nursing mothers (see SmPC).

**Legal category:** P, Product Licence Number: PL 14017/0035

**MA holder:** Full prescribing information is available on request from:
Dexcel Pharma Ltd,
7 Sopwith Way, Drayton Fields Industrial Estate, Daventry, Northants, NN11 8PB.

Adverse events should be reported. Reporting forms and information can be found at:
www.mhra.gov.uk/yellowcard

Adverse events should also be reported to:
Dexcel Pharma Ltd on 01748 828784

DPD/15/0021 Date of preparation Aug 2017
How to store PerioChip®?

PerioChip® should be stored at a room temperature, not exceeding 30°C.

What is the pack size?

PerioChip® comes in a pack of 20 individual chips.

Can chips fall out?

If placed as indicated – in pockets of 5 mm or deeper, PerioChip® remains subgingival and adheres to the tooth meaning that it will not fall out. We advise that patients refrain from any inter-dental cleaning for 24h post application.

Are all patients suitable for PerioChip®?

PerioChip® is suitable for pockets of 5 mm or deeper. Clinical studies in pregnant or breast feeding women have not been conducted and use on such patients is a clinical decision between the dentist and the patient.

Can the patient still use CHX mouthwash?

Yes, patients can still use CHX mouthwash.

Will the patient get staining?

Chlorhexidine can stain teeth. However, as PerioChip® is placed subgingivally, there should be no visible staining above the gum line.

How many patients does one pack treat?

This depends on the number of pockets x the number of visits. Please refer to page 9 for suggested treatment plan.

How many chips can be placed in the mouth at any one time?

There is no maximum number.

What are the post operative instructions for patients?

Patients should be advised against carrying out any inter-dental cleaning for 24 hours after placement.